

Confidential Patient History

Major symptoms/complaints: _____

How did your symptoms start? _____ Date condition began: ____/____/____

Describe the nature of your symptoms: Sharp Burning Radiating Shooting Stabbing
Throbbing Tightness Tingling Dull Numb Other: _____

How often do you experience your symptoms? Constantly (76-100% of the time) Frequently (51-75% of the time)
Occasionally (26-50% of the time) Intermittently (0-25% of the time)

Average pain intensity: Last 24 Hours no pain 1 2 3 4 5 6 7 8 9 10 worst pain
 Past Week no pain 1 2 3 4 5 6 7 8 9 10 worst pain

How much have your symptoms interfered with your usual daily activities?
 Not at all A little bit Moderately Quite a bit Extremely

In general, how would you say your overall health is right now?
 Excellent Very good Good Fair Poor

Other doctors or therapists who have treated THIS condition: _____

Major injuries or surgeries: _____

Medications & Usage: _____

Family doctor: _____ Are you pregnant? Yes No Date of last menstrual cycle: _____

Have you been in an auto accident or any other personal injury? When? Describe: _____

Review of Systems

Please check conditions or symptoms you currently have or have had in the past:

- | | | | | |
|---|---|--|--|--|
| <input type="checkbox"/> AIDS/HIV | <input type="checkbox"/> Epilepsy | <input type="checkbox"/> High Blood Pressure | <input type="checkbox"/> Multiple Sclerosis | <input type="checkbox"/> Scarlet Fever |
| <input type="checkbox"/> Arthritis | <input type="checkbox"/> Eye Problems | <input type="checkbox"/> High Cholesterol | <input type="checkbox"/> Nausea | <input type="checkbox"/> Spinal Conditions |
| <input type="checkbox"/> Asthma | <input type="checkbox"/> Goiter | <input type="checkbox"/> Jaw Pain/TMJ | <input type="checkbox"/> Neurological Problems | <input type="checkbox"/> Stroke |
| <input type="checkbox"/> Balance Impaired | <input type="checkbox"/> Gout | <input type="checkbox"/> Kidney Disease | <input type="checkbox"/> Osteoporosis | <input type="checkbox"/> Thyroid problems |
| <input type="checkbox"/> Burning Eyes | <input type="checkbox"/> Headaches | <input type="checkbox"/> Knee Pain | <input type="checkbox"/> Pacemaker | <input type="checkbox"/> Tuberculosis |
| <input type="checkbox"/> Cancer | <input type="checkbox"/> Hearing Problems | <input type="checkbox"/> Lightheadedness | <input type="checkbox"/> Parkinson's | <input type="checkbox"/> Tumors/growths |
| <input type="checkbox"/> Depression | <input type="checkbox"/> Heart Attack | <input type="checkbox"/> Liver Disease | <input type="checkbox"/> Pinched Nerve | <input type="checkbox"/> Ulcers |
| <input type="checkbox"/> Diabetes | <input type="checkbox"/> Heart Disease | <input type="checkbox"/> Loss of Grip | <input type="checkbox"/> Pneumonia | <input type="checkbox"/> Varicose Veins |
| <input type="checkbox"/> Dizziness | <input type="checkbox"/> Hepatitis | <input type="checkbox"/> Loss of Concentration | <input type="checkbox"/> Polio | <input type="checkbox"/> Whiplash |
| <input type="checkbox"/> Drug Use | <input type="checkbox"/> Hernia | <input type="checkbox"/> Loss of Memory | <input type="checkbox"/> Prostate problems | <input type="checkbox"/> Other _____ |
| <input type="checkbox"/> Eating Disorder | <input type="checkbox"/> Herniated Disc | <input type="checkbox"/> Menstrual Problems | <input type="checkbox"/> Psychiatric | _____ |
| <input type="checkbox"/> Elbow Pain | <input type="checkbox"/> Herpes | <input type="checkbox"/> Mononucleosis | <input type="checkbox"/> Rheumatoid Arthritis | _____ |

Exercise None Daily Moderate Heavy
Work Activity Sitting Standing Light Labor Heavy Labor
Lifestyle Smoking Packs/Day ____ Alcohol Drinks/Day ____ Coffee/Caffeine Cups/Day ____ High Stress Level Reason: ____

Printed Patient Name

Patient or Responsible Party's Signature

Date